

Harvey's

Thank you for taking the time to contact us. Below, I have included complete listing of the ingredients.

Grilled chicken ingredients

Chicken, water, soy protein, salt, flavour (contains modified corn starch, soy sauce powder, gelatine), spice, sodium phosphate, maltodextrin, onion powder, smoke flavour (contains maltodextrin, modified corn starch), garlic powder, autolyzed yeast.

The Original Burger ingredients

beef, water, toasted wheat crumbs, salt, wheat flour, modified milk ingredients, hydrolyzed plant protein, onion powder, spices, sugar, dextrose, yeast extract, garlic powder.

Big Harv Bun

enriched flour, water, sugar or glucose-fructose, yeast, liquid whole egg, vegetable oil (canola or soybean oil), salt, calcium carbonate, corn flour, spice, colour, calcium propionate, monoglycerides, sodium stearoyl-2-lactylate, poppy seeds, sesame seeds, ammonium chloride, calcium peroxide, potassium iodate, monocalcium phosphate.

Big Harv Patty

Beef, water, toasted wheat crumb, deheated mustard, salt, spice, onion powder, garlic powder, smoke flavour. Harvey's Value Beef Patty Ingredients: Beef, salt, hydrolyzed plant protein, spices, onion powder, garlic powder, sugar, flavour, hydrogenated vegetable oil, tricalcium phosphate. Hydrolyzed plant protein is used as a flavour enhancer and tricalcium phosphate is used as a non-caking agent.

Hot Dog ingredients

Beef and/or mechanically separated chicken, water, salt, seasoning, modified flour, starch, sodium erythorbate, sodium nitrite, smoke flavour.

Harvey's Veggieburger Ingredient Declaration

Soy Protein concentrate, hydrogenated vegetable oil, soy protein isolate, methylcellulose, natural flavour, malt extract, dried onion, salt, dried garlic, black pepper, spices, beet powder.

Kaiser Roll ingredient

Enriched flour, water, *yeast, sugar/glucose-fructose, vegetable oil (soy or canola), salt, calcium propionate, sodium stearoyl-2-lactylate, monoglycerides, calcium sulphate, ammonium chloride, calcium sulphate, ground sesame seeds. May contain traces of sesame seeds and soy

The Plain hamburger bun ingredients

Enriched flour, water, glucose-fructose or sugar, *yeast, vegetable oil (soy or canola), salt, calcium propionate, sodium stearoyl-2-lactylate, monoglycerides, calcium sulphate, ammonium chloride, calcium carbonate, ground sesame seeds. May contain traces of sesame seeds and soy

Hot Dog bun ingredients

Enriched flour, water, *yeast, glucose-fructose or sugar, vegetable oil (soy or canola), salt, wheat gluten, soya protein isolate, calcium propionate, sodium stearoyl-2-lactylate, monoglycerides, monocalcium phosphate, calcium carbonate, ammonium chloride, calcium sulphate, ground sesame seeds. May contain traces of sesame seeds

Onion Rings

onions, water, enriched bleached wheat flour (niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), yellow corn flour, salt, sugar, defatted soyflour, leavening (monocalcium phosphate and sodium bicarbonate), dextrose, spice extractive, polysorbate 60: blanched in vegetable oil (soybean and/or canola) containing dimethylpolysiloxane (antifoam agent).

Harvey's Crispy Fries ingredients

Potatoes, Partially Hydrogenated Canola Oil, Wheat Flour, Modified Corn Starch, Corn Flour, Salt, Glucose Solids, Autolyzed Yeast, Modified Cellulose, Baking Powder, Colour, Sodium Acid Pyrophosphate

Chicken Nuggets

Chicken breast, water, soya, phosphate, salt, chicken flavour, onion powder, spice, garlic powder, smoke flavour in a coating of water, wheat flour, durum flour, cornstarch, toasted wheat crumb, salt, whey powder, spices, onion powder, garlic powder, guar gum, browned in vegetable oil.

Fish Sandwich (Haddock in a batter of):

water, toasted wheat crumb, corn starch, corn flour, wheat flour, margarine, soya flour, sugar, salt, baking powder, spice, guar gum and flavour. Browned in a pure vegetable oil (canola).

*Order may change

Chicken Fajita Portion

fully cooked seasoned boneless chicken breast, chicken, water, soy protein, salt flavour (contains modified corn starch, sunflower oil, lactose, sesame oil, potassium phosphate, onion powder, smoke flavour (contains maltodextrin, modified corn starch) garlic powder, Autolyzed yeast. Onions, green peppers, red peppers, margarine (hydrogenated and liquid canal oil, hydrogenated cottonseed oil, water, salt, whey powder, sorbitan tristearate, vegetable lecithin, vegetable mono and diglycerides, sodium benzoate, potassium carbonate, vitamin A palmitate, coloured with beta carotene, vitamin D3, artificial flavour).

Naan Flatbread

Enriched flour, water, canola oil, yeast, stone-ground whole-wheat flour, sugar, salt, yogurt powder [non-fat yogurt (cultured non-fat milk), sodium citrate], calcium propionate or sodium propionate, potassium sorbate.

Greek Sauce

Canola oil, water, feta cheese (milk, bacterial culture, rennet, salt), frozen egg yolk, pure concentrated lemon juice, freshly chopped garlic, salt and blend of spices.

Mustard

Vinegar, water, mustard seed, salt, turmeric, spices

HEINZ Ketchup

Tomato paste (made from fresh ripe tomatoes), white vinegar, liquid sugar, fructose syrup, salt, onion powder, spices.

Gravy

wheat flour, hydrolyzed plant protein, modified corn starch, vegetable oil shortening (contains palm oil), potato starch, yeast extract, caramel colour, onion powder, spice, beef extract, flavour.

Vanilla Milk Shake

(Ontario & Quebec): Milk ingredients, sugar, glucose, modified milk ingredients, guar gum, carrageenan, locust bean gum, disodium phosphate, artificial flavour.

Chocolate Milk Shake Vanilla shake add chocolate syrup:

sugar/glucose-fructose, water, cocoa, modified corn starch, salt, potassium sorbate, xanthan gum, citric acid, artificial flavour.

Information on Frying Practices

Harvey's Crispy Fries and Onion Rings are prepared with, and cooked in, 100% Canola oil. Harvey's does not fry any products in non-vegetable oils. Fish filets and chicken nuggets are cooked in a separate fryer. However, in case of overflow, fries may be cooked in the chicken and fish fryer. The specifics of our operations prevent us from having dedicated fryers for fish and chicken.