



INGREDIENT LIST

Mild Chicken

CHICKEN

MILD SEASONING: SALT, MONOSODIUM GLUTAMATE, SEASONING INCLUDING DRIED GARLIC AND DRIED ONION. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Spicy Chicken

CHICKEN

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Chicken Biscuits

BISCUIT: BLEACHED ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTERMILK (CULTURED LOW FAT MILK, NONFAT DRY MILK, FOOD STARCH, SALT, CARRAGEENAN, PECTIN), PALM OIL, BISCUIT BASE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ANHYDROUS MONOCALCIUM PHOSPHATE), SALT, SUGAR, SODIUM STEAROL LACTATE, SUBPORTION BLEND (SALT, SUGAR, SPICE), ISOLATED WHEAT PROTEIN), POTASSIUM SORBATE, NATURAL & ARTIFICIAL FLAVOR. CONTAINS: WHEAT, MILK.

SPICY CHICKEN TENDER: MARINATED CHICKEN STRIPS: CONTAINS UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN, MUSTARD), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN). SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DIGLYCERIDES, TOCOPHEROL]. CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK, [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5, (MAY ALSO CONTAIN YELLOW #6, RED 340, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE # 1 AND BLUE # 2. FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Chicken Mini

MILD CHICKEN STRIPS: MARINATED CHICKEN STRIPS: CONTAINS UP TO 30% OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING, MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID AND POLYSORBATE 80 ADDED FOR EXTRACTION, AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN, CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK, [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5, (MAY ALSO CONTAIN YELLOW #6, RED 340, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE # 1 AND BLUE # 2. FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

MINI BUN: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT,

WHEAT GLUTEN, DATEM, MONOGLYCERIDES, MONOCALCIUM PHOSPHATE, CALCIUM STEAROYL-2-LACTYLATE, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, CALCIUM SULFATE, ENZYMES, CALCIUM PROPIONATE (TO RETARD SPOILAGE). CONTAINS: WHEAT, SOY

DELTA SAUCE: SOYBEAN OIL, WATER, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICES), DILL RELISH (DICED PICKLES, WATER, SALT, VINEGAR, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), NATURAL FLAVORS), FOOD STARCH-MODIFIED, CREOLE MUSTARD (WATER, DISTILLED VINEGAR, MUSTARD SEED, SALT, XANTHAN GUM), DISTILLED VINEGAR, SUGAR, TOMATO PASTE, SEASONING (MALTODEXTRIN, SALT, BUTTERMILK POWDER, WHEY POWDER, MONOSODIUM GLUTAMATE, LACTIC ACID, CITRIC ACID, GARLIC POWDER, ONION POWDER, PARSLEY, XANTHAN GUM, SOYBEAN OIL, SPICES, ARTIFICIAL FLAVOR), EGG YOLKS, CONTAINS LESS THAN 2% OF EACH: CHIPOTLE PEPPERS, SALT, OLEORESIN PAPRIKA, NATURAL FLAVOR, OLEORESIN CAPSICUM, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, CAYENNE PEPPER, LEMON JUICE CONCENTRATE, MOLASSES, CARAMEL COLOR, GARLIC*, SPICES, TAMARIND, ONION*, PAPRIKA, PARTIALLY HYDROGENATED SOYBEAN OIL, GARLIC, MONOSODIUM GLUTAMATE, GROUND CHIPOTLE PEPPERS, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), EXTRACTIVES OF PAPRIKA, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR. *DEHYDRATED. CONTAINS EGG, MILK, SOY, MSG

Loaded Chicken Wrap

SPICY CHICKEN TENDER: MARINATED CHICKEN STRIPS: CONTAINS UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN, MUSTARD), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN). SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DIGLYCERIDES, TOCOPHEROL]. CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK, [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5, (MAY ALSO CONTAIN YELLOW #6, RED 340, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE # 1 AND BLUE # 2. FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

RED BEANS SAUCE: WATER, PORK FAT CURED WITH WATER, SALT, NATURAL SMOKE FLAVORINGS (PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVOR), SODIUM PHOSPHATE, SUGAR, BROWN SUGAR, SODIUM NITRITE], RED KIDNEY BEANS, RED BEAN SEASONING MIX [SALT, SPICES INCLUDING PAPRIKA AND PARSLEY, DRIED GARLIC, AND MONOSODIUM GLUTAMATE], DRIED ONIONS. CONTAINS: MSG

RICE: RICE (ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID).

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE (ADDED AS A PRESERVATIVE). LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

Big Easy Chicken Bowl

MILD CHICKEN

MILD SEASONING: SALT, MONOSODIUM GLUTAMATE, SEASONING INCLUDING DRIED GARLIC AND DRIED ONION. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

SPICY CHICKEN

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

RICE: RICE (ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID).

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

RED BEANS SAUCE: WATER, PORK FAT [CURED WITH WATER, SALT, NATURAL SMOKE FLAVORS (PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS), SODIUM PHOSPHATE, SUGAR, BROWN SUGAR, SODIUM NITRITE], RED KIDNEY BEANS, RED BEAN SEASONING MIX (SALT, SPICES INCLUDING PAPRIKA AND PARSLEY, DRIED GARLIC, MONOSODIUM GLUTAMATE], DRIED ONIONS. CONTAINS: MSG

GRAVY: WATER, BISCUIT DRESSING AND SHORTENING [LIQUID CORN OIL, PARTIALLY HYDROGENATED CORN OIL, SKIM MILK, SALT, VEGETABLE MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, SUGAR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE AND VITAMIN D3 ADDED], GROUND CHICKEN GIZZARDS, SMOKED PORK TASSO [BONELESS UNCOOKED CURED PORK SHOULDER BUTTS (PORK SHOULDER BUTTS BONELESS, WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE), WATER, SMOKE FLAVORING, TASSO SEASONING (SALT, SUGAR, GARLIC, ONIONS, PEPPER AND OTHER NATURAL SPICES)], BELL PEPPERS, GROUND BEEF, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PORK BASE [SALT, OVEN ROASTED PORK, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, MODIFIED CORN STARCH, NATURAL FLAVORING, CARAMEL COLOR, SOYBEAN LECITHIN], FOOD STARCH MODIFIED, TURKEY STOCK CONCENTRATE [CONCENTRATED TURKEY STOCK, CONCENTRATED CHICKEN STOCK, SALT, TURKEY FAT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, HYDROLYZED SODIUM CASEINATE {FROM MILK}, SUGAR, CHICKEN FAT, MODIFIED FOOD STARCH, GELATIN, NATURAL FLAVORING, WHEY, YEAST EXTRACT AND CARAMEL COLOR], BEEF BASE [SALT, ROASTED BEEF AND CONCENTRATED BEEF STOCK, HYDROLYZED (CORN GLUTEN, SOY, CORN AND WHEAT) PROTEIN, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, NATURAL FLAVORING, DRIED WHEY, CARAMEL COLOR, YEAST EXTRACT, SOY LECITHIN, SULFITES], TURKEY BASE [SALT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, SUGAR, CHICKEN FAT, FOOD STARCH MODIFIED, TURKEY BROTH, DRIED WHEY {MILK}, FLAVOR, CORN OIL, CARAMEL COLOR), IN HOUSE MODIFIED MEAT MIX SEASONING FOR POPEYE'S CAJUN GRAVY #3 [ONIONS, BELL PEPPERS, PARSLEY, CARAMEL, MONOSODIUM GLUTAMATE AND SPICES], GELATIN.

CONTAINS MILK, SOY, WHEAT, & MSG

DEHYDRATED PARSLEY FLAKES

SHREDDED BLEND OF MILD CHEDDAR AND MONTEREY JACK CHEESE: MILD CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ARTIFICIAL COLOR), MONTEREY JACK CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR). CONTAINS: MILK

ACIDIFIED SOUR CREAM: CREAM, MILK, MODIFIED FOOD STARCH, LACTIC ACID, GELATIN, GUAR GUM, MONO AND DIGLYCERIDES, CITRIC ACID, SODIUM PHOSPHATE, POTASSIUM SORBATE (A PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR.
CONTAINS: MILK

Big Easy Chicken Sandwich

CHICKEN FILLET: CHICKEN CONTAINING UP TO 31% OF WATER, MILD SEASONING [MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, SALT, DRIED ONION, DRIED GARLIC, DRIED CELERY, SPICES (PAPRIKA), NATURAL FLAVOR, LACTIC ACID AND POLYSORBATE 80], SEASONING (MODIFIED CORN STARCH, SALT, FLAVOR, MONOSODIUM GLUTAMATE, HYDROLYZED DARK CHICKEN MEAT, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL), ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN, MODIFIED POTATO STARCH, CORN STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN), SODIUM PHOSPHATES, AND STABILIZERS (MONO AND DIGLYCERIDES, MALTODEXTRIN, AND SODIUM PHOSPHATE).
CONTAINS: SOY, MILK, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS

CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

DIAMOND SHAPED ROLL: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME), WATER, YELLOW CORN MEAL, FRUCTOSE, SALT, GUMS ARABIC-GUAR, WHEAT FLOUR, ENZYMES, SOYBEAN OIL, YEAST, DOUGH CONDITIONER (MONO & DIGLYCERIDES, WHEAT FLOUR, MALTED BARLEY FLOUR, GUAR GUM, DATEM, DEXTROSE, ASCORBIC ACID, L-CYSTEINE, ENZYMES), MALT POWDER, YEAST, ENZYMES. CONTAINS WHEAT, SOY

DELTA SAUCE: SOYBEAN OIL, WATER, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, TURMERIC, PAPRIKA, SPICES), DILL RELISH (DICED PICKLES, WATER, SALT, VINEGAR, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), NATURAL FLAVORS), FOOD STARCH-MODIFIED, CREOLE MUSTARD (WATER, DISTILLED VINEGAR, MUSTARD SEED, SALT, XANTHAN GUM), DISTILLED VINEGAR, SUGAR, TOMATO PASTE, SEASONING (MALTODEXTRIN, SALT, BUTTERMILK POWDER, WHEY POWDER, MONOSODIUM GLUTAMATE, LACTIC ACID, CITRIC ACID, GARLIC POWDER, ONION POWDER, PARSLEY, XANTHAN GUM, SOYBEAN OIL, SPICES, ARTIFICIAL FLAVOR), EGG YOLKS, CONTAINS LESS THAN 2% OF EACH: CHIPOTLE PEPPERS, SALT, OLEORESIN PAPRIKA, NATURAL FLAVOR, OLEORESIN CAPSICUM, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, CAYENNE PEPPER, LEMON JUICE CONCENTRATE, MOLASSES, CARAMEL COLOR, GARLIC*, SPICES, TAMARIND, ONION*, PAPRIKA, PARTIALLY HYDROGENATED SOYBEAN OIL, GARLIC, MONOSODIUM GLUTAMATE, GROUND CHIPOTLE PEPPERS, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), EXTRACTIVES OF PAPRIKA, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR. *DEHYDRATED. CONTAINS EGG, MILK, SOY, MSG

LEAF LETTUCE

TOMATO SLICES

Cajun Wings

CHICKEN WINGS

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Louisiana Nuggets

NUGGETS: PREDUSTED WITH BLEACHED WHEAT FLOUR, WHEAT GLUTEN, DRIED EGG WHITES, SALT. CONTAINS: WHEAT, EGG

SEASONING: SALT, MONOSODIUM GLUTAMATE, SPICES INCLUDING PAPRIKA, DRIED ONION, AND DRIED GARLIC, MODIFIED FOOD STARCH, SODIUM PHOSPHATES. CONTAINS: MSG

POULTRY BATTER: WATER, ENRICHED BLEACHED WHEAT FLOUR [NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID] FOOD STARCH MODIFIED, SALT, YELLOW CORN FLOUR, SEASONING SUB PORTION {(ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SALT, SUGAR, DRIED WHOLE EGGS, FD&C YELLOW #5, (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT OR TURMERIC EXTRACT), NONFAT DRIED MILK, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE], MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR [COOKED TURKEY AND NATURAL FLAVOR (ROSEMARY EXTRACTIVE), CORN SYRUP SOLIDS], BUTTERMILK SOLIDS, ALBUMIN POWDER, VINEGAR POWDER [MALTODEXTRIN, VINEGAR], MUSTARD FLOUR, POWDERED CELLULOSE, METHYLCELLULOSE, LEAVENING [SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE], SUGAR. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS. CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: ENRICHED BLEACHED WHEAT FLOUR [NIAICIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], LEAVENING [SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE], SOYBEAN OIL, SUGAR AND SPICES INCLUDING PAPRIKA. CONTAINS: WHEAT.

BREADING SET IN VEGETABLE OIL.

Naked Chicken Strips

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. CONTAINS: SOY, MSG

NAKED SEASONING: SELECTED BLEND OF SPICES INCLUDING PAPRIKA, SEASONING BLEND OF DRIED GARLIC AND DRIED ONION, SALT.

Mild Chicken Strips

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30 % OF A SOLUTION OF WATER, SEASONING (FOOD STARCH MODIFIED, MONOSODIUM GLUTAMATE, SALT, SEASONING MIX OF DRIED ONION, DRIED GARLIC, DRIED CELERY AND SPICES INCLUDING PAPRIKA, NATURAL FLAVOR (LACTIC ACID, AND POLYSORBATE 80 ADDED FOR EXTRACTION AND STABILITY), SEASONING (MODIFIED CORN STARCH, SALT, NATURAL FLAVORING, MONOSODIUM GLUTAMATE, ONION POWDER, GARLIC POWDER, MALTODEXTRIN, SILICON DIOXIDE), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, CARAGEENAN WITH LESS THAN 2 % LECITHIN), SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, AND MALTODEXTRIN. CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIAICIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE

EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Spicy Chicken Strips

MARINATED CHICKEN STRIPS: CONTAINS UP TO 30% OF A SOLUTION OF WATER, SEASONING (SALT, CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN, MUSTARD), SEASONING (ISOLATED SOY PROTEIN, MODIFIED FOOD STARCH, STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN). SODIUM PHOSPHATES, MONO AND DIGLYCERIDES, MALTODEXTRIN, AND OLEORESIN PAPRIKA [NATURAL FLAVORING, COTTONSEED OIL, MONO AND DIGLYCERIDES, TOCOPHEROL]. CONTAINS: SOY, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK and YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

Mild Chicken Deluxe Sandwich

CHICKEN FILLET: CHICKEN CONTAINING UP TO 31% OF WATER, MILD SEASONING [MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, SALT, DRIED ONION, DRIED GARLIC, DRIED CELERY, SPICES (PAPRIKA), NATURAL FLAVOR, LACTIC ACID AND POLYSORBATE 80], SEASONING (MODIFIED CORN STARCH, SALT, FLAVOR, MONOSODIUM GLUTAMATE, HYDROLYZED DARK CHICKEN MEAT, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL), ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN, MODIFIED POTATO STARCH, CORN STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN), SODIUM PHOSPHATES, AND STABILIZERS (MONO AND DIGLYCERIDES, MALTODEXTRIN, AND SODIUM PHOSPHATE). CONTAINS: SOY, MILK, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND/OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

BUN: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOY OIL, YEAST, SALT, HIGH FRUCTOSE CORN SYRUP, L CYSTEINE, GUAR GUM, DEXTROSE, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS), CALCIUM STEAROYL LACTYLATE (CSL), MALT, ASCORBIC ACID, ENZYME, POTASSIUM IODATE, AZODICARBONAMIDE (ADA). CONTAINS: WHEAT, SOY

MAYONNAISE (OPTIONAL): SOYBEAN OIL, WATER, EGG YOLK, DISTILLED VINEGAR, WHOLE EGG, SALT, SUGAR, SPICE, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, OLEORESIN PAPRIKA (COLOR), NATURAL FLAVOR. CONTAINS: EGG

LETTUCE

TOMATOES

SWISS CHEESE (OPTIONAL): CULTURED MILK, SKIM MILK, WATER, SALT, SODIUM CITRATE, SODIUM PHOSPHATE, CREAM, CITRIC ACID, SORBIC ACID (PRESERVATIVE), ENZYMES, LACTIC ACID, SODIUM GLYCERYL OLEATE PHOSPHATE (FOR SLICE SEPARATION). CONTAINS: MILK

Spicy Chicken Deluxe Sandwich

CHICKEN FILLET: CHICKEN CONTAINING UP TO 31% OF WATER, MILD SEASONING [MODIFIED CORN STARCH, MONOSODIUM GLUTAMATE, SALT, DRIED ONION, DRIED GARLIC, DRIED CELERY, SPICES (PAPRIKA), NATURAL FLAVOR, LACTIC ACID AND POLYSORBATE 80], SEASONING (MODIFIED CORN STARCH, SALT, FLAVOR, MONOSODIUM GLUTAMATE, HYDROLYZED DARK CHICKEN MEAT, MALTODEXTRIN, PARTIALLY HYDROGENATED SOYBEAN OIL), ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN, MODIFIED POTATO STARCH, CORN STARCH, CARRAGEENAN WITH LESS THAN 2% LECITHIN), SODIUM PHOSPHATES, AND STABILIZERS (MONO AND DIGLYCERIDES, MALTODEXTRIN, AND SODIUM PHOSPHATE). CONTAINS: SOY, MILK, MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

BUN: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, SOY OIL, YEAST, SALT, HIGH FRUCTOSE CORN SYRUP, L CYSTEINE, GUAR GUM, DEXTROSE, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND/OR CANOLA OILS), CALCIUM STEAROYL LACTYLATE (CSL), MALT, ASCORBIC ACID, ENZYME, POTASSIUM IODATE, AZODICARBONAMIDE (ADA). CONTAINS: WHEAT, SOY

SPICY SPREAD: SOYBEAN OIL, WATER, EGG YOLK, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SPICES INCLUDING PAPRIKA, SALT, DEHYDRATED ONION, DEHYDRATED GARLIC, SUGAR, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL &

ARTIFICIAL FLAVORS, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR. CONTAINS: EGG

LETTUCE

TOMATOES

SWISS CHEESE (OPTIONAL): CULTURED MILK, SKIM MILK, WATER, SALT, SODIUM CITRATE, SODIUM PHOSPHATE, CREAM, CITRIC ACID, SORBIC ACID (PRESERVATIVE), ENZYMES, LACTIC ACID, SODIUM GLYCERYL OLEATE PHOSPHATE (FOR SLICE SEPARATION). CONTAINS: MILK

Popcorn Shrimp

SHRIMP

BATTER and BREADING: ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SOYBEAN, CORN OR COTTONSEED OIL), CONTAINS 2% OR LESS OF: SALT, WATER, SPICES, MODIFIED CORN STARCH, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE MONOHYDRATE), SOYBEAN OIL, SUGAR, SPICES, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE), SODIUM HEXAMETAPHOSPHATE, METHYLCELLULOSE, SEASONING BLEND, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, DRIED EGGS, YELLOW 5 (MAY ALSO CONTAIN YELLOW 6, RED 40, RED 3, GRAPE COLOR EXTRACT, BLUE 1, BLUE 2, BEET COLOR EXTRACT, ANNATTO EXTRACT OR TURMERIC EXTRACT), NONFAT MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE), SODIUM ALUMINUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, SPICES, NATURAL FLAVOR, CORN SYRUP SOLIDS], PAPRIKA, MONOSODIUM GLUTAMATE, SODIUM TRIPOLYPHOSPHATE, (TO RETAIN MOISTURE), SODIUM BISULFITE (AS A PRESERVATIVE). CONTAINS: SHRIMP, WHEAT, MILK, EGG, SOY, MSG, SULFITE, YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2.

Chicken Sausage Jambalaya

CHICKEN

MILD SEASONING: INGREDIENTS: SALT, MONOSODIUM GLUTAMATE, SEASONING INCLUDING DRIED GARLIC AND DRIED ONION. CONTAINS: MSG

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK, YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

SAUSAGE JAMBALAYA SAUCE: TOMATOES [TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID. MAY CONTAIN SALT], TOMATO SAUCE [TOMATO CONCENTRATE (WATER, TOMATO PASTE), SALT, CITRIC ACID, SPICE, NATURAL FLAVORS], BISCUIT DRESSING (SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES AND SOYBEAN LECITHIN, SODIUM BENZOATE (PRESERVATIVE), LACTIC ACID (TO HELP PROTECT FLAVOR), ARTIFICIAL FLAVOR, CALCIUM DISODIUM EDTA (PRESERVATIVE), BETA CAROTENE, AND VITAMIN A PALMITATE), SMOKED SAUSAGE [EITHER (A) PORK, WATER, BEEF, SALT, DEXTROSE, PAPRIKA, GARLIC POWDER, SODIUM ERYTHORBATE, SPICE EXTRACTIVES, SODIUM NITRITE), OR (B) PORK (PORK, PORK HEARTS), BEEF (BEEF HEARTS, BEEF), MECHANICALLY SEPARATED CHICKEN, CORN SYRUP, WATER, CONTAINS 2% OR LESS OF SALT, FLAVORING, POTASSIUM LACTATE, SODIUM LACTATE, HYDROLYZED SOY PROTEIN, SODIUM PHOSPHATES, SODIUM DIACETATE, SUGAR, DEXTROSE, SODIUM ERYTHORBATE, SODIUM NITRITE], CELERY, ONIONS, BELL PEPPERS, WATER, TOMATO PASTE [TOMATOES, SALT, CITRIC ACID], SEASONING [WHEAT FLOUR, FOOD STARCH MODIFIED, SALT, SPICES, BEET POWDER, SUGAR, MONOSODIUM GLUTAMATE, SILICON DIOXIDE (FREE FLOW AGENT)], LIGHTLY SALTED BUTTER, SUGAR, GARLIC, SOY LECITHIN, NATURAL SMOKE FLAVORING [PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS].

CONTAINS: MILK, SOY, WHEAT, MSG

Smothered Chicken

CHICKEN

MILD SEASONING: INGREDIENTS: SALT, MONOSODIUM GLUTAMATE, SEASONING INCLUDING DRIED GARLIC AND DRIED ONION. CONTAINS: MSG

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

VEGETABLE MIX: CARROTS, GREEN PEPPERS, RED PEPPERS

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

GRAVY: WATER, BISCUIT DRESSING AND SHORTENING [LIQUID CORN OIL, PARTIALLY HYDROGENATED CORN OIL, SKIM MILK, SALT, VEGETABLE MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, SUGAR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE AND VITAMIN D3 ADDED], GROUND CHICKEN GIZZARDS, SMOKED PORK TASSO [BONELESS UNCOOKED CURED PORK SHOULDER BUTTS (PORK SHOULDER BUTTS BONELESS, WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE), WATER, SMOKE FLAVORING, TASSO SEASONING (SALT, SUGAR, GARLIC, ONIONS, PEPPER AND OTHER NATURAL SPICES)], BELL PEPPERS, GROUND BEEF, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PORK BASE [SALT, OVEN ROASTED PORK, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, MODIFIED CORN STARCH, NATURAL FLAVORING, CAMEL COLOR, SOYBEAN LECITHIN], FOOD STARCH MODIFIED, TURKEY STOCK CONCENTRATE [CONCENTRATED TURKEY STOCK, CONCENTRATED CHICKEN STOCK, SALT, TURKEY FAT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, HYDROLYZED SODIUM CASEINATE {FROM MILK}, SUGAR, CHICKEN FAT, MODIFIED FOOD STARCH, GELATIN, NATURAL FLAVORING, WHEY, YEAST EXTRACT AND CAMEL COLOR], BEEF BASE [SALT, ROASTED BEEF AND CONCENTRATED BEEF STOCK, HYDROLYZED (CORN GLUTEN, SOY, CORN AND WHEAT) PROTEIN, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, NATURAL FLAVORING, DRIED WHEY, CAMEL COLOR, YEAST EXTRACT, SOY LECITHIN, SULFITES], TURKEY BASE [SALT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, SUGAR, CHICKEN FAT, FOOD STARCH MODIFIED, TURKEY BROTH, DRIED WHEY {MILK}, FLAVOR, CORN OIL, CAMEL COLOR), IN HOUSE MODIFIED MEAT MIX SEASONING FOR POPEYE'S CAJUN GRAVY #3 [ONIONS, BELL PEPPERS, PARSLEY, CAMEL, MONOSODIUM GLUTAMATE AND SPICES], GELATIN.

CONTAINS MILK, SOY, WHEAT, & MSG

Chicken Etouffee

CHICKEN

MILD SEASONING: INGREDIENTS: SALT, MONOSODIUM GLUTAMATE, SEASONING INCLUDING DRIED GARLIC AND DRIED ONION. CONTAINS: MSG

SPICY SEASONING: SALT, SELECTED BLEND OF CAPSICUMS, GARLIC, MONOSODIUM GLUTAMATE, CUMIN AND MUSTARD. CONTAINS: MSG

POULTRY BATTER: ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, S-PACK [ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SUGAR, FD&C YELLOW #5 (MAY ALSO CONTAIN YELLOW #6, RED #40, RED #3, GRAPE COLOR EXTRACT, BLUE #1, BLUE #2, BEET COLOR EXTRACT, ANNATTO EXTRACT AND / OR TURMERIC EXTRACT), SPICES, DRIED WHOLE EGGS, NONFAT DRIED MILK, LEAVENING (SODIUM BICARBONATE AND/OR SODIUM ALUMINUM SULFATE), MICROCRYSTALLINE CELLULOSE, NATURAL FLAVOR (ALL FLAVOR INGREDIENTS CONTAINED IN THIS FLAVOR ARE APPROVED FOR USE IN A REGULATION OF FOOD AND DRUG ADMINISTRATION OR ARE LISTED AS GENERALLY RECOGNIZED AS SAFE ON A RELIABLE PUBLISHED INDUSTRY ASSOCIATION LIST. THIS PRODUCT ALSO CONTAINS CORN SYRUP SOLIDS). CONTAINS: WHEAT, EGG, MILK AND YELLOW #5 & #6, RED #3 AND #40, BLUE #1 AND BLUE #2

FLOUR: BLEACHED WHEAT FLOUR, MALTED BARLEY. CONTAINS: WHEAT

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

CREOLE STEW SAUCE: WATER, TOMATOES [TOMATOES, TOMATO JUICES, CALCIUM CHLORIDE AND CITRIC ACID. MAY CONTAIN SALT], ONIONS, OKRA, SMOKED SAUSAGE [PORK, WATER, BEEF, SALT, DEXTROSE, PAPRIKA, GARLIC POWDER, SODIUM ERYTHORBATE, SPICE EXTRACTIVES, SODIUM NITRITE], CHICKEN FAT [RENDERED CHICKEN FAT. MAY CONTAIN PROPYLENE GLYCOL, TBHQ AND CITRIC ACID], SMOKED PORK TASSO [BONELESS CURED PORK SHOULDER BUTTS (PORK SHOULDER BUTTS BONELESS, WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE), TASSO SEASONING (SALT, SUGAR, DRIED GARLIC, DRIED ONION, PEPPER AND OTHER NATURAL SPICES, SMOKED FLAVORING), SMOKE FLAVORING], BELL PEPPERS, CHICKEN BASE [CHICKEN MEAT AND NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, MONOSODIUM GLUTAMATE, SUGAR, DRIED WHEY, HYDROLYZED PROTEIN (CORN AND WHEAT GLUTEN, SOY), NATURAL FLAVORING, AUTOLYZED YEAST EXTRACT AND NATURAL EXTRACTIVES OF TURMERIC AND ANNATTO], FOOD STARCH MODIFIED, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], HOT SAUCE [AGED CAYENNE PEPPERS, DISTILLED VINEGAR, SALT, XANTHAN GUM], GARLIC, SEASONING [SALT, SPICES INCLUDING PAPRIKA, SEASONINGS INCLUDING DRIED GARLIC AND DRIED ONION]. CONTAINS MSG, MILK, WHEAT, SOY.

Crawfish Etouffee

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

CRAWFISH TAIL MEAT

ETOUFFEE SAUCE: WATER, ONIONS, CORN OIL, BELL PEPPER, CELERY, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SEASONING A [SALT, SEASONING BLEND OF DRIED GARLIC AND DRIED ONION, SPICES INCLUDING PAPRIKA, MONOSODIUM GLUTAMATE, EXTRACTIVES (PAPRIKA, ANNATO AND CELERY SEED {POLYSORBATE 80 ADDED TO IMPROVE WATER MISCIBILITY})], FOOD STARCH MODIFIED, CRAWFISH BASE [MALTODEXTRIN, SALT, COOKED CRAWFISH, DRIED WHEY, CORN OIL, BUTTER, TOMATO PASTE, (MAY CONTAIN WATER), POTATO STARCH, MONOSODIUM GLUTAMATE, COOKED SHRIMP, AUTOLYZED YEAST EXTRACT, DISODIUM INOSINATE/DISODIUM GUANYLATE AND ARTIFICIAL FLAVOR], KITCHEN BOUQUET [CARAMEL, VEGETABLE BASE (WATER, CARROTS, ONIONS, CELERY, PARSNIPS, TURNIPS, SALT, PARSLEY, SPICES), SODIUM BENZOATE (LESS THAN 1/10 OF 1% TO PRESERVE FRESHNESS) AND SULFITING AGENTS. CONTAINS NO MEAT], GREEN ONION, SALT, HOT SAUCE [RED PEPPERS (HABANERO, CAYENNE), VINEGAR, SALT, SPICES, VEGETABLE GUM], THYME, NATURAL GARLIC FLAVORING (CONTAINS GLYCERIDES OF VEGETABLE OILS). CONTAINS: WHEAT, SHELLFISH (CRAWFISH, SHRIMP MAY CONTAIN SULFITE), MSG, SULFITING AGENTS, DAIRY.

Biscuits

BISCUITS: BLEACHED ENRICHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTERMILK (CULTURED LOW FAT MILK,

NONFAT DRY MILK , FOOD STARCH, SALT, CARRAGEENAN, PECTIN), PALM OIL, BISCUIT BASE (ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, ANHYDROUS MONOCALCIUM PHOSPHATE), SALT, SUGAR, SODIUM STEAROL LACTATE, SUBPORTION BLEND (SALT, SUGAR, SPICE), ISOLATED WHEAT PROTEIN), POTASSIUM SORBATE, NATURAL & ARTIFICIAL FLAVOR. CONTAINS: WHEAT, MILK

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

French Fries

FRENCH FRIES: POTATOES, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CANOLA OIL, SOYBEAN OIL, COTTONSEED OIL, SUNFLOWER OIL, CORN OIL), BLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), FOOD STARCH MODIFIED, YELLOW CORN MEAL, SALT, SPICES, PAPRIKA, DEHYDRATED GARLIC, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), MONOSODIUM GLUTAMATE, DEHYDRATED WORCESTERSHIRE SAUCE (MOLASSES, VINEGAR, CORN SYRUP, SALT, CARAMEL COLOR, GARLIC, SUCROSE, SPICES, TAMARIND, NATURAL FLAVOR, MALTODEXTRIN), SUGAR, DISODIUM DIHYDROGEN PYROPHOSPHATE (TO PRESERVE NATURAL COLOR). CONTAINS: WHEAT, SOY, MSG

Corn on the Cob

CORN

BUTTER : PASTEURIZED CREAM, SALT, NATURAL FLAVORINGS CONTAINS: MILK

Mashed Potatoes No Gravy

MASHED POTATOES: POTATOES, BUTTER BLEND [NON DAIRY CREAMER (CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES), BUTTER (CREAM, SALT), NONFAT MILK, SODIUM CASEINATE), NATURAL FLAVOR]], SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES), MILK SUBSTITUTE (WHEY AND SODIUM CASEINATE), SALT, TETRASODIUM PYROPHOSPHATE, MONOGLYCERIDE, ARTIFICIAL COLOR, XANTHAN GUM, CELLULOSE GUM, NATURAL COLOR, SODIUM ACID PYROPHOSPHATE, CALCIUM PHOSPHATE, FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, BHA, AND BHT. CONTAINS: MILK, WHEAT, SULFITE

Mashed Potatoes with Gravy

MASHED POTATOES: POTATOES, BUTTER BLEND [NON DAIRY CREAMER (CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES), BUTTER (CREAM, SALT), NONFAT MILK, SODIUM CASEINATE), NATURAL FLAVOR]], SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES), MILK SUBSTITUTE (WHEY AND SODIUM CASEINATE), SALT, TETRASODIUM PYROPHOSPHATE, MONOGLYCERIDE, ARTIFICIAL COLOR, XANTHAN GUM, CELLULOSE GUM, NATURAL COLOR, SODIUM ACID PYROPHOSPHATE, CALCIUM PHOSPHATE, FRESHNESS PRESERVED WITH SODIUM BISULFITE, CITRIC ACID, BHA, AND BHT. CONTAINS: MILK, WHEAT, SULFITE

GRAVY: WATER, BISCUIT DRESSING AND SHORTENING [LIQUID CORN OIL, PARTIALLY HYDROGENATED CORN OIL, SKIM MILK, SALT, VEGETABLE MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, SUGAR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE AND VITAMIN D3 ADDED], GROUND CHICKEN GIZZARDS, SMOKED PORK TASSO [BONELESS UNCOOKED CURED PORK SHOULDER BUTTS (PORK SHOULDER BUTTS BONELESS, WATER, SALT, SUGAR, SODIUM ERYTHORBATE, SODIUM NITRITE), WATER, SMOKE FLAVORING, TASSO SEASONING (SALT,

SUGAR, GARLIC, ONIONS, PEPPER AND OTHER NATURAL SPICES)], BELL PEPPERS, GROUND BEEF, ENRICHED BLEACHED WHEAT FLOUR [ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PORK BASE [SALT, OVEN ROASTED PORK, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, MODIFIED CORN STARCH, NATURAL FLAVORING, CARAMEL COLOR, SOYBEAN LECITHIN], FOOD STARCH MODIFIED, TURKEY STOCK CONCENTRATE [CONCENTRATED TURKEY STOCK, CONCENTRATED CHICKEN STOCK, SALT, TURKEY FAT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, HYDROLYZED SODIUM CASEINATE {FROM MILK}, SUGAR, CHICKEN FAT, MODIFIED FOOD STARCH, GELATIN, NATURAL FLAVORING, WHEY, YEAST EXTRACT AND CARAMEL COLOR], BEEF BASE [SALT, ROASTED BEEF AND CONCENTRATED BEEF STOCK, HYDROLYZED (CORN GLUTEN, SOY, CORN AND WHEAT) PROTEIN, MONOSODIUM GLUTAMATE, CORN OIL, SUGAR, NATURAL FLAVORING, DRIED WHEY, CARAMEL COLOR, YEAST EXTRACT, SOY LECITHIN, SULFITES], TURKEY BASE [SALT, TURKEY MEAT INCLUDING NATURAL TURKEY JUICES, MONOSODIUM GLUTAMATE, SUGAR, CHICKEN FAT, FOOD STARCH MODIFIED, TURKEY BROTH, DRIED WHEY {MILK}, FLAVOR, CORN OIL, CARAMEL COLOR), IN HOUSE MODIFIED MEAT MIX SEASONING FOR POPEYE'S CAJUN GRAVY #3 [ONIONS, BELL PEPPERS, PARSLEY, CARAMEL, MONOSODIUM GLUTAMATE AND SPICES], GELATIN.

CONTAINS MILK, SOY, WHEAT, & MSG

Red Beans and Rice

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SEASONING: SALT, SEASONING [DRIED ONION, DRIED GARLIC], SPICES INCLUDING PAPRIKA.

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

RED BEANS SAUCE: WATER, PORK FAT [CURED WITH WATER, SALT, NATURAL SMOKE FLAVORS (PARTIALLY HYDROGENATED SOYBEAN OIL AND NATURAL WOOD SMOKE FLAVORS), SODIUM PHOSPHATE, SUGAR, BROWN SUGAR, SODIUM NITRITE], RED KIDNEY BEANS, RED BEAN SEASONING MIX (DRIED ONIONS, SALT, SPICES INCLUDING PAPRIKA AND PARSLEY, DRIED GARLIC, AND MONOSODIUM GLUTAMATE]. MAY CONTAIN MODIFIED FOOD STARCH. CONTAINS: SOYBEAN OIL, MSG

Cajun Rice

RICE: ENRICHED PRECOOKED LONG GRAIN RICE (RICE, NIACIN, IRON, THIAMINE MONONITRATE, FOLIC ACID)

SALT

DRESSING: SOYBEAN OIL, WATER, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, MONOGLYCERIDES, AND SOYBEAN LECITHIN. SODIUM BENZOATE ADDED AS A PRESERVATIVE. LACTIC ACID ADDED TO HELP PROTECT FLAVOR. ARTIFICIAL FLAVOR. CALCIUM DISODIUM EDTA ADDED AS A PRESERVATIVE. COLORED WITH BETA CAROTENE. VITAMIN A PALMITATE ADDED. CONTAINS: SOY

SHALLOTS: GREEN ONIONS, WATER, LACTIC ACID, SOYBEAN OIL, AND XANTHAN GUM.

CAJUN MEAT SAUCE: GROUND BEEF, GROUND CHICKEN GIZZARDS, WATER, MEAT MIX SEASONING [SALT, SEASONING INCLUDING THE DEHYDRATES OF BELL PEPPERS AND PARSLEY, SPICES INCLUDING PAPRIKA, MONOSODIUM GLUTAMATE AND CARAMEL COLOR], DRIED ONIONS. CONTAINS: MSG

Coleslaw

COLESLAW: CABBAGE, CARROTS

SLURRY: SOYBEAN OIL, SUGAR, RELISH (PICKLES, SALT, DISTILLED VINEGAR, ALUM, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE AS PRESERVATIVES, NATURAL SPICE FLAVORS, POLYSORBATE 80), WATER, EGG YOLK, CONTAINS LESS THAN 2% DISTILLED VINEGAR, SALT, XANTHAN GUM, SODIUM BENZOATE AS A PRESERVATIVE, LEMON JUICE CONCENTRATE, GUAR GUM, CARRAGEENAN, DEXTROSE, OLEORESINS PAPRIKA AND TURMERIC (COLOR), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, NATURAL FLAVOR. CONTAINS: EGG

Green Beans

GREEN BEANS: GREEN BEANS, WATER AND SALT.

HAM AND BACON GRAVY: WATER, DICED HAM - WATER ADDED [CURED WITH WATER, SALT, SUGAR, SODIUM PHOSPHATES, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE. MAY ALSO CONTAIN SMOKE FLAVORING, HYDROLYZED SOY PROTEIN, MONOSODIUM GLUTAMATE], ONION, BACON ENDS AND PIECES [CURED WITH EITHER [WATER, SALT, SODIUM ERYTHORBATE, SODIUM NITRITE] OR [WATER, SALT, SUGAR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, and SODIUM NITRITE]], FOOD STARCH MODIFIED, BISCUIT DRESSING AND SHORTENING [LIQUID CORN OIL, PARTIALLY HYDROGENATED CORN OIL, SKIM MILK, SALT, VEGETABLE MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, SUGAR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE AND VITAMIN D3 ADDED], FLOUR, SEASONING [SALT, MONOSODIUM GLUTAMATE, PEPPER, CAPSICUM, SPICES], CHICKEN BASE [CHICKEN MEAT AND NATURAL CHICKEN JUICES, SALT, CHICKEN FAT, MONOSODIUM GLUTAMATE, SUGAR, DRIED WHEY, HYDROLYZED (CORN AND WHEAT GLUTEN, SOY) PROTEIN, NATURAL FLAVORING, AUTOLYZED YEAST EXTRACT AND NATURAL EXTRACTIVES OF TURMERIC AND ANNATTO], PORK BASE [ROASTED PORK INCLUDING NATURAL PORK JUICES, SALT, MONOSODIUM GLUTAMATE, SUGAR, CORN OIL, MODIFIED FOOD STARCH, NATURAL FLAVORING AND CARAMEL COLOR]. CONTAINS: SOY, MILK, MSG, WHEAT

Cinnamon Apple Turnover

CINNAMON APPLE TURNOVER: WATER, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLES, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, PARTIALLY HYDROGENATED SOYBEAN OIL AND /OR COTTONSEED OIL, PALM OIL AND/OR CANOLA WITH TBHQ. CONTAINS 2% OR LESS OF THE FOLLOWING: ASCORBIC ACID, CITRIC ACID, CARAMEL COLOR, DEXTROSE, GUAR GUM, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, BAKING SODA), MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVORING, SALT, SOY FLOUR, SPICES, SUGAR. CONTAINS: WHEAT, SOY

CINAMMON SUGAR: SUGAR, CINNAMON AND SPICES.

Shortening (All of Popeyes fried items are prepared in the following shortening. This product contains some naturally occurring trans fats.)

BEEF TALLOW, PARTIALLY HYDROGENATED SOYBEAN OIL, PARTIALLY HYDROGENATED BEEF TALLOW, BHT ADDED TO HELP PROTECT FLAVOR, CITRIC ACID, AND DIMETHYLPOLYSILOXANE, AN ANTIFOAMING AGENT

The information provided in the "Ingredients List" and otherwise on the Popeyes® website or in its restaurants is comprised from data provided by our suppliers and is current as of May 2009. The data is based on standard product formulations and portion sizes, which can vary due to sampling differences, seasonal differences, ingredient substitutions, supplier variations, slight differences in product assembly on a restaurant-by-restaurant basis, and other factors.

Ingredient information for all standard domestic Popeyes menu items is listed in the "Ingredients List." Some products may not be available at all restaurants. Products currently being tested and other limited time offerings and other regional menu alternatives may not be listed. Serving sizes may also vary slightly.

We encourage anyone with food sensitivities; allergies or other special dietary needs or concerns to consult with your local physician or dietitian prior to eating at any Popeyes restaurant.

Please periodically review the "Ingredient List" and our Popeyes website as information may be updated.